

Developmental Dyslexia Dr Anna Samara Lecture 6, 29.10.2020

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## Roadmap for today's lecture

- What is developmental dyslexia
  - History
  - Symptomatology
  - Definitions
- Underlying causes of dyslexia
  - Causal theories
  - Interventions for remediation
  - A miracle cure for dyslexia?

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## Learning outcomes

- 1. Define developmental dyslexia
- 2. Describe common behavioral difficulties experienced by dyslexic individuals
- 3. Critically discuss the claim that IQ should feature in the definition of developmental dyslexia





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## How does developmental dyslexia manifest?

- Poor reading & spelling
- Impaired phonological processing
  - Poor phonological awareness
  - Rapid naming
  - Impaired verbal short-term memory
  - Slow verbal processing speed

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## How does developmental dyslexia manifest?

- Directional confusion
- Messy handwriting
- Finger differentiation problems
- Visual difficulties (e.g., tracking text)
- Difficulties with mental arithmetic, remembering sequences etc.
- Motor dysfunction (e.g., poor balance)



# **EXAMPLE STATE A brief history of developmental dyslexia** 1878: Patients with "word blindness" (Adolph Kussmaul) 1877: "Dyslexia" term coined (Rudolf Berlin) to describe similar cases 1896: First case study of congenital word blindness in an "otherwise bright and intelligent child" (Pringle Morgan; Hinshelwood)

 1925: First 'cognitive' theory of dyslexia (Samuel Orton)







#### **Case studies**

- Leo is 13-years-old boy referred to an educational psychologist for a dyslexia assessment. His assessment reveals that he is an incredibly bright boy who struggles significantly with reading and spelling.
- George is 13-years-old boy referred to an educational psychologist for a dyslexia assessment. His assessment reveals that he has average intelligence but struggles significantly with reading and spelling.
- Amanda is 13-years-old girl referred to an educational psychologist for a dyslexia assessment. Her assessment reveals that her intelligence score is below average and she struggles significantly with reading and spelling.









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#### Extra study slide

#### Are these children meaningfully different?

- Criticism to Rutter and Yule children with intellectual disability and brain injury were included in 'backwards readers' groups
- 2. Normal distributional characteristics in other epidemiological studies
  - The Connecticut Longitudinal Study (Shaywitz et al. 1992): American children (n=400) attending kindergarten in 1983 followed to 11 yrs of age
  - Similar findings from New Zealand (Silva, McGee, & Williams (1985) and Jorm, Share, Matthews, & Matthews (1986)

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#### Are these children meaningfully different?

- Francis et al. (1996): No evidence of different prognosis for reading problems of "bright and otherwise capable youngsters" from those less able to cope with school
- Francis et al. (2005): Discrepancy definitions prove unstable over time
  - Shown in 'favourably' simulated data (i.e. assuming high reliability and stability in IQ and discrepancy) as well as data from the Connecticut Longitudinal Study
    - e.g., Children diagnosed at Grade 3 as IQ discrepant AND low achieving move to the low-achieving only group (19%) and typically achieving group (22%) at Grade 5

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Extra study slide

#### Are these children meaningfully different?

- Meta-analysis of 19 studies (Hoskyn & Swanson, 2000; see also Stuebing et al. (2002) has shown similar cognitive functioning in the two groups, e.g., reading and phonological processing performance but differences in e.g. vocabulary skills
- Suggests when differences are found, these are unrelated to critical reading problems under investigation
- Increasing evidence from intervention studies suggesting that IQ does not affect response to remediation (Vellutino, Scanlon, & Lyon, 2000)

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#### So what is a useful definition of dyslexia

- Dimensional view that is, dyslexia as the 'lower tail' in the normal distribution of reading abilities
  - Appropriate when human characteristics (much like hypertension and obesity) are distributed in a statistically normal way along a continuous dimension.
  - Varying in severity from mild to severe
  - This does not diminish the seriousness of difficulties seen
     in dyslexia
  - Also, does not mean that high vs low poor IQ reading difficulties cannot be aetiologically different

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#### So what is a useful definition of dyslexia

- Disorder of neurobiological origin (not syndrome)
  - Runs in families and is more often seen in monozygotic and dizygotic twins (much like DLD)
  - Heritable variation estimated at 50-70% (Caylak, 2007; DeFries et al., 1987) resulting from combined influence of many genes (e.g., DYX1C1, ROBO1, DCDC2, KIAA0319)
  - Although how these genes interact to cause differences in brain structure/function is not yet understood
  - Genetic environmental risk factors interact reciprocally

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#### Core & recommended reading

- Hulme C., & Snowling M. J. (2014). The interface between spoken and written language: developmental disorders. Phil. Trans. R. Soc. B 369, 20120395.
   Vellutino, F. R., Fletcher, J. M., Snowling, M. J., & Scanlon, D. M. (2004). Specific reading disability (dyslexia): What have we learned in the past four decades? Journal of Child Psychology and Psychiatry, 45, 2-40.
- Grigorenko (2001). Developmental dyskai: An update on genes, brains, and environment. Journal of Child Psychology and Psychiatry. 42, 91-125.
  Flotcher et al. (2005). Psychometric approaches to the identification of LD: IQ and achievement scores are not sufficient. J Learn Disabil., 38(2), 98-106.
  Shaywitz, S. E., Escobar, M. D., Shaywitz, B. A., Fletcher, J. M., & Makuch, R. (1992). Evidence that dyslexia may represent the lower tail of a normal distribution of reading ability. New England Journal of Medicine, 326, 145–150.
- Stuebing, Fietcher, LeDoux, Lyon, Shaywitz, & Shaywitz (2002). Validity of IQ-Discrepancy Classifications of Reading Disabilities: A Meta-Analysis. American Educational Research Journal Summer 2002, 39 (2), 469-518.